

Office Policies for Health and Safety | COVID-19

Omaha Integrative Care is a healing, soothing space for our community; we miss seeing everyone enjoying the sanctuary we provide. We look forward to a time when we can once again invite everyone in to have a cup of tea, chat with friends after yoga, or simply be in a comforting environment. Our priority is to keep our patients, clients, staff, and community safe so that we can return to offering our space as a place of respite. Because community approaches to slowing the spread of COVID-19 are our most effective intervention, we have developed policies informed by regulations from Omaha City Ordinance 42309, DHHS, CDC, and OSHA.

If you are coming to OIC for an in-person appointment, please review and follow these policies:

- Patients, providers, and staff must wear a face covering — either their own or a mask provided by OIC — at all times when in public areas of OIC (e.g. waiting area, restrooms, hallways).
- Providers need not wear a face covering if they are alone in an office or enclosed workspace, provided they are able to maintain at least 6 feet of distance at all times.
- Patients and providers must wear face coverings while in provider offices or other treatment areas. In circumstances in which wearing a face covering would pose a significant barrier to treatment or a patient has a medical condition making it unreasonable for the individual to wear a face covering, providers and patients can make a joint decision together, but 6 feet social distancing should be observed.
- Everyone must utilize hand sanitizer provided upon entry to the building.
- Temperatures will be taken by a clinical staff member upon entry to the building. The CDC considers a person to have a fever when temperature is measured at or above 100.4°F, or when the person feels warm to the touch or gives a history of feeling feverish. If any of these apply, please reschedule your appointment.
- Observe and maintain social distancing practices (at least 6 feet away from others).
- The main entrance or west-facing door will be the only entrance/exit accessible.
- If you arrive early, please wait in your vehicle until your appointment time to minimize crowding in the waiting area.
- Only patients being seen by providers are to be in the office. If you are providing transportation, please plan to drop off and pick up rather than staying in the waiting area.
- Unless your child is being seen by a provider, please do not bring children. If childcare is a concern, please use telehealth or discuss other options with your provider.
- Only credit cards will be accepted at this time. Please no cash or checks at the office. You may also make payments on the Patient Portal.
- Please reschedule your appointment if you have experienced fever within the last two weeks or any of the following symptoms: fatigue, dry cough, loss of smell/taste, sore throat, headache, muscle pain, chills, or difficulty breathing; or if you have been exposed to someone diagnosed with COVID-19.

We appreciate your cooperation in helping us keep our community safe.