

Office Policies for Health and Safety | COVID-19

Omaha Integrative Care is a healing, soothing space for our community; we miss seeing everyone enjoying the sanctuary we provide. We look forward to a time when we can once again invite everyone in to have a cup of tea, chat with friends after yoga, or simply be in a comforting environment. Our priority is to keep our patients, clients, staff, and community safe so that we can return to offering our space as a place of respite. Because community approaches to slowing the spread of COVID-19 are our most effective intervention, we have developed policies informed by regulations from DHHS, CDC, and OSHA.

If you are coming to Omaha Integrative Care for an in-person appointment, please review and follow these policies:

- Everyone must wear a face covering — either their own or a mask provided by OIC upon entry — when in public areas of OIC (e.g. waiting area, restrooms, hallways).
- Everyone must utilize hand sanitizer provided upon entry to the building.
- Temperatures will be taken by a clinical staff member upon entry to the building. The CDC considers a person to have a fever when temperature is measured at or above 100.4°F, or when the person feels warm to the touch or gives a history of feeling feverish. If any of these apply, please reschedule your appointment.
- Observe and maintain social distancing practices (at least 6 feet away from others).
- The main entrance or west-facing door will be the only entrance/exit accessible.
- If you arrive early, please wait in your vehicle until your appointment time to minimize crowding in the waiting area.
- Only the patient(s) being seen by a provider is to be in the office. If you are providing transportation for a patient, please plan to drop off and pick up rather than staying in the waiting area.
- Unless your child is being seen by a provider, please do not bring children. If childcare is a concern, please use telehealth or discuss other options with your provider.
- Only credit cards will be accepted at this time. Please no cash or checks at the office. You may also pay your bill on the Patient Portal.
- Please reschedule your appointment if you have experienced fever within the last two weeks or any of the following symptoms: fatigue, dry cough, loss of smell/taste, sore throat, headache, muscle pain, chills, or difficulty breathing; or if you have been exposed to someone diagnosed with COVID-19.

We appreciate your cooperation in helping us keep our community safe.